INTERNATIONAL SPINAL CORD INJURY ENDOCRINOLOGY AND METABOLISM FUNCTION BASIC DATA SET - FORM (Version 2.0)

Date performed: YYYY/MM/DD □ Unknown

Endocrine & metabolic conditions diagnosed before spinal cord lesion (collected once):

☐ None  ☐ Unknown (any endocrine disorder)
Diabetes mellitus  ☐ Type 1  ☐ Type 2  ☐ Unknown
Lipid values, if available, provide the most recent values prior to injury:
Date YYYY/MM/DD  □ Unknown
Total cholesterol (TC) ______ mg/dL  Triglycerides (TG) ______ mg/dL
HDL cholesterol ______ mg/dL  LDL cholesterol ______ mg/dL
(TC, HDL or LDL cholesterol: mmol/L x 39 = mg/dL; TG: mmol/L x 89 = mg/dL)

☐ Lipid disorder  Specify diagnosis: ____________________________  □ Unknown
☐ Osteoporosis  Method: ☐ DXA  ☐ Other (e.g. CT, radiograph)  □ Unknown
☐ Thyroid disease  Specify diagnosis: ____________________________  □ Unknown
☐ Other, specify ______________________________________________

Endocrine & metabolic conditions diagnosed after the spinal cord lesion within the last year:

☐ None  ☐ Unknown (any endocrine disorder)
Diabetes mellitus  ☐ Type 1  ☐ Type 2  ☐ Unknown

☐ Lipid disorder  Specify diagnosis: ____________________________  □ Unknown
☐ Osteoporosis  Method: ☐ DXA  ☐ Other (e.g. CT, radiograph)  □ Unknown
☐ Thyroid disease  Specify diagnosis: ____________________________  □ Unknown
☐ Adrenal disease  Specify diagnosis: ____________________________  □ Unknown
☐ Gonadal disease  Specify diagnosis: ____________________________  □ Unknown
☐ Pituitary disease  Specify diagnosis: ____________________________  □ Unknown
☐ Other, specify ______________________________________________

Note: It is recommended that this Data Set have two additional key variables:
- SITE (to distinguish the location where the data are recorded) and
- SUBJECT (to distinguish the patient/study participant)
### Gonadal status (check appropriate stage):
- **Male:**
  - ☐ Prepubertal
  - ☐ Pubertal
  - ☐ Adult
  - ☐ Unknown
- **Female:**
  - ☐ Prepubertal
  - ☐ Pubertal
  - ☐ Adult
  - ☐ Menopausal
  - ☐ Postmenopausal
  - ☐ Unknown

### Height (or length) and Weight:
- Height (or length) ______ m
- Weight ______ kg
- Unknown

### Fasting serum lipid profile within the last year:
- During anti-lipid therapy: ☐ Yes
- ☐ No
- Unknown
- Total cholesterol (TC) ______ mg/dL
- Triglycerides (TG) ______ mg/dL
- HDL cholesterol ______ mg/dL
- LDL cholesterol ______ mg/dL

(TC, HDL, or LDL cholesterol: mmol/L x 39 = mg/dL; TG: mmol/L x 89 = mg/dL)

### How often do you have a drink containing alcohol?
- ☐ Never
- ☐ Monthly or less
- ☐ 2-4 times a month
- ☐ 2-3 times a week
- ☐ 4 or more times a week
- ☐ Unknown

### How often do you have six or more drinks on one occasion?
- ☐ Never
- ☐ Less than monthly
- ☐ Monthly
- ☐ Weekly
- ☐ Daily or almost daily
- ☐ Unknown